

## ARE YOU INTUITIVE?

1. Do you listen to your gut feelings about people?
2. Have you ever just known that something was right and couldn't explain it?
3. Do you listen to the wisdom of your dreams?
4. Have you ever had a gut feeling that just wouldn't go away?
5. Have you ever sensed that someone was lying to you, then find out you were right?
6. When you sense someone is an energy vampire who drains your energy do you avoid him or her?
7. In relationships do you listen to "beware" signs such as getting a sick feeling in the pit of your stomach?
8. Do you pay attention to the vibes that people give off, positive and negative?
9. Do you act on what moves and inspires you rather than only making decisions by what seems right on paper?

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## Quiz Results

**IF YOU ANSWER 0-1 YES:** At this point you depend mostly on your analytic capacities and could benefit from balancing your intuition with logic.

**If YOU ANSWER 2-3 YES:** You are beginning to trust intuition, though generally you rely on logic alone

**IF YOU ANSWER 4-5 YES:** You consult intuition much of the time, and act on it to make better decisions

**IF YOU ANSWER 6-9 YES:** You are in beautiful sync with your intuition. Continue to let it guide your life and increasing trust it to make excellent decisions.